

# How to make an ancient Egyptian cuff

**Ancient Egyptians wore cuffs around their wrists. The cuffs were often made from precious metals and decorated with precious jewels.**

**You will need:** thin card (from a cereal box or similar), aluminum foil, glue stick, Deco paint pens or paint (and paintbrush), 3 pipe cleaners (optional) and any other craft materials (optional).

## Instructions:

1. Take a rectangular piece of thin card (about a third of an A4 sheet) and cover in aluminum foil. Secure in place using a glue stick.
2. On the side with no foil line up three pipecleaners lengthways (with a 2-3cm gap between each pipecleaner). Secure in place with sticky tape.
3. On the foil side, decorate with the Deco pens and other craft materials. You might want to look up the ancient Egyptians to see what symbols and designs they used on their jewellery.
4. Once the decoration is dry, gently shape the rectangle until it forms a cuff (the pipe-cleaners will help it stay in this shape).
5. Wear your cuff with pride while walking like an ancient Egyptian!

